



University of the Azores – Angra do Heroísmo

Lunch menu₂ | February 9 to 13, 2026

Monday

Soup	Cauliflower cream soup with mint
Plate	Oven-baked beef croquettes with carrot rice ^{1,2,3,4,5,6,7,8,9,10,11,12,14}
Vegetarian meal	Vegetable croquettes with carrot rice ^{1,3,6,9,10,11,12}
Desert	Seasonal fruit

Tuesday | World Pulses Day

Soup	Peas
Plate	Tuna salad with potato, corn, mixed vegetables, grated boiled egg, and olives ^{1,3,4,8,10,12,13}
Vegetarian meal	Vegetable salad with diced potatoes ^{1,10,12}
Desert	Seasonal fruit

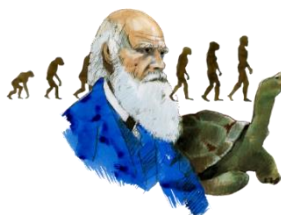
Wednesday | World Patient Day



Soup	Vegetable puree
Plate	Braised chicken breast with julienne vegetables and small pasta ^{1,3,12}
Vegetarian meal	Vegetable Bolognese ^{1,3,10,12}
Desert	Seasonal fruit

Thursday | Darwin Day

Soup	Lentils
Plate	Creamy Pollock ^{1,4,7,10,12}
Vegetarian meal	Mushroom and potato gratin ^{1,7,10,12}
Desert	Seasonal fruit / Sweet Dessert ^{1,3,7}



Friday | World Radio Day

Soup	Tomato with spinach
Plate	Transmontana bean stew with white rice ^{1,6,7,10,12}
Vegetarian meal	Soy bean stew with white rice ^{1,6,10,11,12}
Desert	Seasonal fruit

