



## University of the Azores – Angra do Heroísmo Lunch menu<sub>2</sub> | May 12th to 16th, 2025

### Monday | International Nurses Day

<b>Soup</b>	Cauliflower with kale
<b>Plate</b>	Portuguese-style pork <sup>12</sup>
<b>Vegetarian meal</b>	Mushroom, tomato, and spinach lasagna <sup>1,3,7,12</sup>
<b>Desert</b>	Seasonal fruit

### Tuesday

<b>Soup</b>	Chickpeas with turnip greens
<b>Plate</b>	Baked hake medallions with bean rice <sup>4,12</sup>
<b>Vegetarian meal</b>	Chickpea stew with pasta, carrots, and cabbage <sup>1,3</sup>
<b>Desert</b>	Seasonal fruit

### Wednesday

<b>Soup</b>	Pumpkin cream soup
<b>Plate</b>	Stewed peas with egg and cured meats <sup>3,12</sup>
<b>Vegetarian meal</b>	Vegetable patties + saffron rice <sup>1,3</sup>
<b>Desert</b>	Seasonal fruit

### Thursday | International Day of Families

<b>Soup</b>	Tomato cream soup
<b>Plate</b>	Roast chicken legs with rosemary and vegetable rice
<b>Vegetarian meal</b>	Sautéed black beans with vegetables + spaghetti <sup>1,3</sup>
<b>Desert</b>	Seasonal fruit

### Friday

<b>Soup</b>	Brussels sprouts with zucchini
<b>Plate</b>	Fish stew with boiled yam <sup>4,12</sup>
<b>Vegetarian meal</b>	Soy casserole <sup>1,6,7</sup>
<b>Desert</b>	Seasonal fruit