



University of the Azores - Angra do Heroísmo Lunch menu₁ | MARCH 31st – APRIL 4th, 2025

Monday

Soup	Turnip greens, leek, and pumpkin
Plate	Baked tuna with peppers and spaghetti ^{1,3,4,7,12}
Vegetarian meal	Leek à Brás ³
Desert	Seasonal fruit

Tuesday | April 1st – April Fools' Day

Soup	Leek cream
Plate	Stewed broad beans with egg ^{3,12}
Vegetarian meal	Spinach and mushroom lasagna ^{1,3,7,10,12}
Desert	Seasonal fruit

Wednesday | World Autism Awareness Day

Soup	Turnip with spinach
Plate	Meat croquettes with tomato rice ^{1,3,6,7,10,12}
Vegetarian meal	Soy gratin with farfalle pasta ^{1,3,6,12}
Desert	Seasonal fruit

Thursday

Soup	Parsley with scrambled egg ³
Plate	Chicken à Brás ³
Vegetarian meal	Vegetable stew with white rice ¹²
Desert	Seasonal fruit

Friday | World Rat Day

Soup	Cauliflower with cabbage
Plate	Squid rice ^{4,12}
Vegetarian meal	Tomato stew with chickpeas, mushrooms, and green beans + spaghetti ^{1,3,12}
Desert	Seasonal fruit